



Supplemental Nutrition Assistance Program Education (SNAP-Ed)

PSE Impact in School Settings

- 12,627 Youth and Adults Reached
- 164 Total Nutrition and Physical Activity Supports
- 127 Nutrition Supports
- 30 Physical Activity Supports
- 14 Nutrition and Physical Activity Policies



26%

Increase (20.89 to 28.19) in the number of environmental supports in the school lunchroom after the Smarter Lunchroom PSE intervention.



Increase in youth who participate in taste tests to help select school meals



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Michigan State University (MSU) Extension Action

MSU Extension partners with Michigan Department of Health and Human Services (MDHHS) to provide Supplemental Nutrition Assistance Program Education (SNAP-Ed), a free nutrition education program to reduce hunger and food insecurity and promote healthy eating habits.

THE IMPACT

October 1, 2017 – September 30, 2018

As a result of **Fuel-Up to Play 60** PSE coaching with MSU Extension, the schools reported the following increases in the School Wellness Investigation assessment responses:

- **9%** from (64.76 to 71.42) was reported in the **nutrition services module**;
- **7%** from (47.17 to 56.92) in the **physical education/ physical activity module**;
- **3%** from (47.50 to 48.83) in the **family and community module**;
- **25%** of schools promote the benefits of consuming low-fat or fat-free dairy foods, fruits, vegetables and whole-grains to students throughout the school environment
- **27%** of school districts now have a policy that states specific time requirements for students to participate in physical activity during the school day.

Coaching Process



